#### Winter Appeal Committee 2020

The Winter Appeal Committee comes together each winter to rally support for Anglicare WA and those in need across our state.

> In 2020, we are experiencing the greatest global crisis of our lifetime. Now more than ever, West Aussies urgently need your support. Can we count on you?



Anglicarewa

#### **Street Connect**

Having a safe place to call home is a basic human need, but alarmingly, on any given night in WA, more than 3,000 young people are homeless. Factors including domestic violence, relationship breakdowns and financial problems can make staying in the family home unbearable. Desperate to escape and with nowhere else to go, many of these young people end up sleeping rough.

Homeless young people struggle to stay in school, find jobs, keep rooves over their heads and maintain relationships when they are preoccupied with the intense worry and burden associated with needing to try to find a safe place to sleep.

Street Connect is Anglicare WA's outreach service for young people at risk of or experiencing homelessness. Our qualified youth workers assist, support and educate vulnerable young people aged between 15 and 25. For our clients, our youth workers are a friendly and reliable face on the street, and for many of them, the only people they can turn to for support.

Street Connect operates out of our mobile youth outreach centre, the Street Connect bus. The Street Connect bus enables our Youth Workers to actively seek young people in need, meeting them on the streets of Perth, where many young people facing homelessness gather.



"I am so grateful to Street Connect. You helped change my life and provided me with support when I desperately needed it. Thank you." YOU ARE HERE

#### Supporting young people experiencing homelessness

When we first met Jo<sup>\*</sup>, she offered her name and nothing else. She didn't take a sandwich or a drink when offered. She briefly looked at the pamphlets on Anglicare WA's Street Connect bus but didn't take any.

Every day, Jo would wait for our bus to arrive and sit on a wall nearby. Whenever we asked if we could help, she'd always say she didn't need anything.

Slowly Jo began to engage with us more and more. We built trust and a relationship, and she opened up about the hardships she was facing. She told us that she barely ate – generally once every day or two, and that she wanted Street Connect's support to help change her life.

Jo was connected to an Anglicare WA Case Manager who empowered and supported her to get back on her feet and achieve her goals.

Like everyone, Jo still has ups and downs. But she now eats three meals a day and has stable and safe accommodation. She's started trusting herself and others again and is now considering further education as the next step in her journey.

### When you support Anglicare WA



### for vulnerable West Aussies

## We desperately need your help in this time of crisis.

Every dollar you donate to Anglicare WA stays in WA to help the most vulnerable West Aussies right across our state. From city to regional WA. From Albany to Kununurra.



#### Supporting families who are experiencing domestic violence

Zara<sup>\*</sup> was referred to Anglicare WA for urgent assistance. She had been in a relationship with a man who was controlling and both physically and emotionally abusive. She felt constantly scared and helpless.

When Zara came to us she brought nothing with her. No clothing, no documentation, no food or medication. Her possessions were being held by her partner - she didn't want him to suspect that she was planning to escape.

Anglicare WA arranged accommodation and a safety plan for Zara in collaboration with the WA Police. We arranged food, clothing, financial assistance and a safety phone. We also arranged counselling and regular support meetings.

We helped Zara to relocate and establish herself in safe and stable housing. We advocated on her behalf and ensured she remained connected to key people who provided her with support.

We're still in contact with Zara. She now feels connected and part of her new community. She is safe and continuing to receive regular support. She shared recently that her favourite moments are spent surrounded by family and spending time with her grandchildren.



#### **Albany Women's Centre**

#### Everyone has the right to feel safe.

Domestic violence can cause significant trauma with devastating long-term impacts. Violence doesn't discriminate by postcode.

Sadly, domestic violence is increasing in Western Australia. We fear that this trend will continue to increase, due to the current social isolation restrictions. The impact of abuse is long-lasting with devastating flow-on effects for our society as a whole. 1 in 4 Australian women have experienced abuse by a partner and Western Australia has the second highest rate of domestic violence in the nation.

Residents in the Great Southern of WA, can turn to Anglicare WA's Albany Women's Centre which offers women, with or without children, escaping domestic violence a safe refuge and crucial support services. It is one of the only places in the Great Southern Region that offers help for women and children fleeing abuse. The next refuge is located 400 kilometres away.

Women and children are empowered to take control, encouraged to use positive self-talk, be able to recognise that they are experts in their own lives and have their voice heard by Anglicare WA staff listening to and believing in their stories.

We can change the story about violence against women and children. Together.

While COVID-19 has had a deeply tragic impact on global health – it is also leaving tens of thousands of West Aussies across our state feeling financial stress and trauma.

Anglicare WA's Financial Counsellors develop strategies and provide support with a goal to ensure the clients long-term financial wellbeing. This can include managing a household budget, negotiating outstanding bills, or helping to save for the future.

#### **Financial Counselling**

Our Financial Counselling service is available to anyone experiencing financial hardship, particularly at this time.

This confidential support and guidance empowers Western Australians with the tools needed to get back on track and maintain their own financial stability.

Anglicare WA is expecting an increased demand over the coming months for this critical service. We will work with those who need help to get back on their feet, and renew their self-respect at a time when this may have been stripped.



# YOU ARE HERE **Providing Financial** Counselling during

difficult times

Beth and Jim<sup>\*</sup> made the difficult decision to take their two granddaughters from their son over a year ago. The girls had experienced horrific trauma in the care of their parents. Now, they permanently live with Nan and Grandad.

The transition to becoming guardians in their senior years was challenging – especially since Jim had been recently hospitalised due to a work accident.

Grandad Jim's injuries were substantial. He was hospitalised for many weeks. He's still in pain when he walks and is no longer able to work, so Nan Beth has to provide for her granddaughters, her husband and herself. Even though she works full time, they were really struggling financially.

Nan Beth sought assistance from Anglicare WA's Financial Counselling service. The service enabled her to negotiate with providers and learn savvy tips on how to better manage her finances. Now the family are once again financially secure, prepared for unexpected bills, and safe together, living under a loving roof.

YOU ARE HERE

# for vulnerable West Aussies, from city to outback WA

Supporting 47 locations across Western Australia

Anglicare WA's reach

Supporting vulnerable young mums who are at risk of self-harm and suicide.

Supporting the social and emotional wellbeing of Aboriginal youth.

Delivering

response.

post-suicide and family and domestic

violence community

Delivering innovative approaches to youth mental health.

> Running the largest single-site youth homelessness service in Australia, called Foyer Oxford.

Responding to over 30 family and domestic violence calls a day.

Helping children affected by domestic violence.

> Providing the State's longest-serving financial counselling service.

Assisting 6,000 West Aussies from across the State who are experiencing financial trauma. Providing the only women's refuge in the Great Southern region.

