



Contact Us

08 9845 6000
awc@anglicarewa.org.au

24 Hour Family and Domestic
Violence Crisis Service
1800 737 732

REMEMBER

**If you are affected by family
and domestic violence...
You are not to blame you don't
deserve to be abused**



1300 11 44 46
info@anglicarewa.org.au
anglicarewa.org.au
@anglicarewa



- SUPPORT AND SERVICES FOR WESTERN AUSTRALIANS**
- Aboriginal Communities • Counselling & Separation
 - Disability Services • Family & Domestic Violence
 - Financial Assistance • Housing & Homelessness
 - Mental Health • Parenting Support • Suicide Postvention
 - Sexual Abuse Support Services • Youth Services

Albany Women's Centre



Support for women and children
managing and surviving family
and domestic violence



What is the Albany Women's Centre?

The Albany Women's Centre provides support to women and children affected by family and domestic violence. Our services include:

- Crisis accommodation
- 24 hour on call service
- Development of safety plans
- Assistance and support
- Information and advocacy
- Outreach support services
- Referrals to other agencies
- Housing, income, legal, medical services info

Family and domestic violence is when one person in a relationship uses abusive behaviour to control the other person, such as:

- Hitting, punching or pushing you, slapping, kicking and choking
- Threatening to hurt your friends, family members or pets
- Putting you down in front of others
- Making you feel stupid and worthless, insults, threats, intimidation
- Making you have sex when you don't want to
- Not letting you go out, contact friends or family
- Not letting you have money for food, clothing or other basic needs
- Not allowing you to attend church, making fun of your beliefs



Effects of family and domestic violence:

- Shame
- Low self esteem
- Isolation and feeling alone
- Physical injuries
- Inability to trust people
- Missing work and/or school
- Depression
- Feeling nervous

Important Numbers

Life Threatening Emergencies

000

Women's DV Helpline

1800 007 339

Men's DV helpline

1800 000 599

Sexual Assault Resource Centre

08 9340 1828

Crisis Care

1800 199 008

Parenting WA

08 6279 1200

Kid's Helpline

1800 551 800